|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **LUNES** | **MARTES** | **MIÉRCOLES** | **JUEVES** | **VIERNES** |
|  |  |  |  |  |  |
| **11,30** |  |  |  |  | **YOGA AÉREO UNNATA** |
| **10,30** |  | **HATHA YOGA** |  | **HATHA YOGA** |  |
| **12,00** |  |  |  | **YOGA ADAPTADO** |  |
|  |  |  |  |  |  |
| **18,15** |  | **YOGA AÉREO UNNATA** |  |  |  |
| **19,00** |  |  |  |  |  |
| **19,00** | **HATHA YOGA** |  | **HATHA YOGA** |  |  |
| **20,00** |  | **HATHA YOGA**  |  | **HATHA YOGA** | **YOGA AÉREO UNNATA** |
| **MEDITACIÓN** |
| **21,00** |  |  |  |  |  |
| **21,15** |  | **HATHA YOGA** |  | **HATHA YOGA** |  |